

## Regional (Level C) Orienteering Event

### Castle Hill

# 12<sup>th</sup> January 2020

(An event in the 2020 East Midlands League)

**Terrain:** Runnable parkland with some woodland and a good path network.

**Car parking and** The Nook Public Car Park, Anstey

**Registration:** The Coach and Horses, Anstey (opp. The Car Park)

**Grid Ref:** SK 551086

**Nearest Post Code:** LE7 7AZ

**Registration:** On the day only 10:00 until 12:00

**Start Times:** From 10:30 to 12:30.

The Start and Finish are close together and approx. 800m walk along public roads from registration/download.

**Map:** 2018

**Entries and fees:** Entry on the day only.

Adults: Light Green to Brown £8

White to Orange £3

**Juniors & Students:** £3

Large groups should contact the Organiser in advance of the event to ensure an adequate supply of maps

**Timing:** The event will use Sportident (SI) electronic punching.

Contactless (SIAC punching) is enabled.

If you do not have a SI card, you can hire one at Registration. Hire fee of £1.

**Courses:** Course Summary

Course	Controls	Length	Climb
White	12	1.6 km	15 m
Yellow	13	2.3 km	20 m
Orange	12	3.4 km	40 m
Light Green	12	3.9 km	45 m
Short Green	13	4.1 km	60 m
Green	16	5.1 km	70 m
Blue	18	7.4 km	100 m
Brown	26	10.2 km	110 m

Subject to final controlling

No string Course available



**Courses close** 14:00 after which controls will be collected.

**You must still report to download even if you miss the cut-off time to avoid a search being started.**

**Toilets:** At the Car Park

**Dogs:** Dogs are not allowed in registration

**Safety:** Whistles are advised. It may be necessary to carry/wear a hooded water proof on the course if the weather is poor – signs will be placed at Registration.

Competitors must wear clothing that fully covers the torso and legs. Shorts are not permitted.

A risk assessment will have been carried out by the organiser and all reasonable care has been taken by the Organiser and Planner to ensure the safety and well-being of competitors.

However, participants take part at their own risk and are responsible for their own safety during the event.

**Photography:** You are welcome to take photographs or record videos at this event (we will be using a video camera at the finish and these photo's will be posted on the LEI Facebook page and used to promote orienteering), but please respect people's privacy and avoid photography close to first-aid and toilet facilities, or in areas where runners are changing. All photographs to be taken in accordance with the British Orienteering O-safe policy. If there are particular reasons why an individual should not be photographed, please discuss the issue with the organiser in advance of the event. Report any concerns about inappropriate photography to the event organiser.  
As the Car Park is a public area please be respectful when changing.

**Organiser(s):** Maureen Webb (LEI) T: 07946088102 E: maureen808512@gmail.com

Kevin Gallagher (LEI) T: 07745891876 E: kevingallagher49@btinternet.com

**Planner:** [Ursula Williamson](#) (LEI)

**Controller:** Roger Phillips (LEI)

Updated: 2 Jan 2020

